

I am having bowel movements a day during this flare-up.

It has been months/weeks since my last flare-up.

I think I am in remission because

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Although I seem to be in remission, I don't feel right.

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I have bowel movements a day

How can I make my periods of remission last as long as possible?

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I'm taking my medication for remission like I should and I feel fine.
Do I need to go on taking it?

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I'm taking my medication for remission like I should but I've still
got these symptoms.

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I'm not taking my medication for remission because.

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I don't like taking my medication because it reminds me that I
have a disease.

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I can't remember to take my medication.

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I don't understand how my medication works. Can you explain it
please?

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I don't know how to take my medication.

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I don't find it convenient to take my medication.

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I have too many tablets/capsules to take.

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Some of the tablets/capsules are too big for me.

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I'm worried about the side effects of my medication. Can you explain about them please?

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My partner and I want to start a family. Will my IBD interfere with this?

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My partner and I have been trying to start a family but haven't managed to conceive yet. Could this be anything to do with my IBD?

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What happens between this visit and your following appointment?

There may be questions that you could ask of your doctor at this appointment to help to tide you over till the following appointment. This is likely to be particularly relevant if your disease is likely to flare up between appointments and if your doctor is a hospital specialist (where appointments can sometimes be harder to secure).

When will my next appointment be?

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Do I need any more prescriptions so that my medications will last to the next appointment?

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When should I get any tests done, so that the results will be back before my next appointment?

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What should I do if I flare-up between now and my next appointment? E.g. should I contact my IBD specialist or my GP or an IBD nurse?

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When might admission to hospital be considered?

Patients sometimes become used to the symptoms of IBD, and underestimate how sick they are. It may help you to discuss with your doctor in advance the circumstances when you might need to seek further help, rather than just sitting patiently at home waiting for your next appointment.

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This information is for general informational purposes and does not constitute medical advice. Please seek information and advice regarding your condition and/or treatment from your doctor.



Crohn's & Colitis New Zealand Charitable Trust
PO Box 22280, Khandallah, Wellington 6441, New Zealand.
Email: Info@crohnsandcolitis.org.nz
www.crohnsandcolitis.org.nz